

**October Lunch and Learn/Exercise Schedule at  
the Pine Creek Community Center**

**Wednesdays**

**10:00am Vitals & Exercise Class**

**12:00pm Lunch and Learn**

<b>Date</b>	<b>Program Title</b>	<b>Speaker</b>	<b>Additional Information</b>
10-5	What's New?!	Jonathan Gardner	Join us for an Update from the Health Director
10-12	Home Care	Carolyn	Great Lakes Home Care
10-19	Community Nursing	Beth Fehsenfeld	Programs and Activity information.
10-26	Exercise Your Brain with Jane		Senior Health Partners will provide information on an upcoming education series to be offered at NHBP Pine Creek Community Center. For this week the Lunch and Learn will be in the Craft Room.

If YOU are interested in presenting to fellow NHBP Tribal members at any of our remaining Lunch and Learn Wednesday Presentations, please call Lysandra at 888-662-2808

Possible Topics Could Include: Hobbies and Skills, Historical Information or any other Huron Potawatomi Interests

\*Transportation *is not* available for these presentations\*